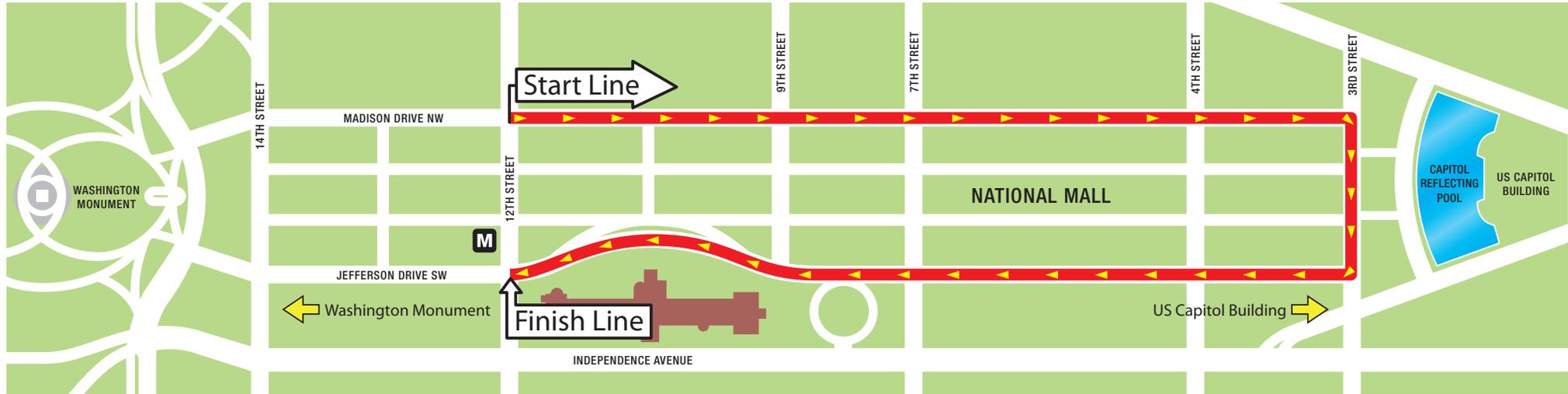


American Heart Association Greater Washington Region Heart Walk Route Map

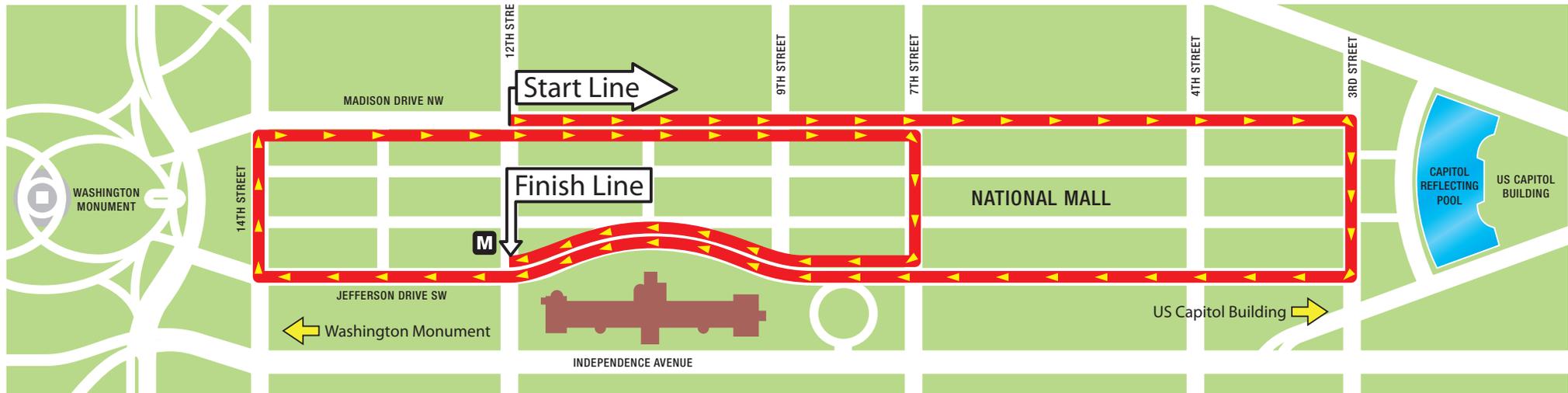
1 Mile Course • Walk steps off at 10 a.m.



Start on outer sidewalk of Madison Drive at 12th Street. Proceed East on outer sidewalk towards 3rd Street. Turn Right onto 3rd Street sidewalk. Turn Right onto outer sidewalk, running parallel to Jefferson Drive. Proceed West on outer sidewalk towards 12th Street. Finish on outer sidewalk of Jefferson Drive at 12th Street.

American Heart Association Greater Washington Region Heart Walk Route Map

3 Mile Course • Walk steps off at 10 a.m.



Start on outer sidewalk of Madison Drive at 12th Street. Proceed East on outer sidewalk towards 3rd Street. Turn Right onto 3rd Street sidewalk. Turn Right onto outer sidewalk, running parallel to Jefferson Drive. Proceed West on outer sidewalk towards 14th Street. Turn Right onto 14th Street sidewalk. Turn Right onto outer sidewalk, running parallel to Madison Drive. Proceed East on outer sidewalk towards 7th Street. Turn Right onto 7th Street sidewalk. Turn Right onto outer sidewalk, running parallel to Jefferson Drive. Proceed West on outer sidewalk towards 12th Street. Finish on outer sidewalk of Jefferson Drive at 12th Street.