



Caring4Women Veterans App

Visit: <https://mobile.va.gov/training/caring-4-women-veterans>

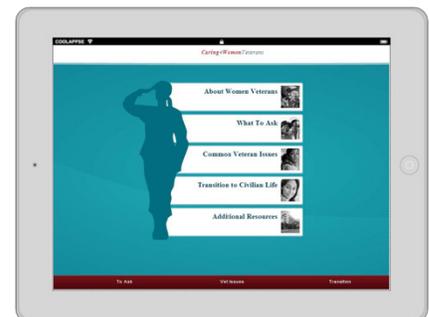
Caring4Women Veterans App Description

The Caring4Women Veterans mobile application (app) was developed by the Department of Veteran Affairs (VA) and offers VA and non-VA care team members comprehensive information targeting the specific health care needs of women Veterans. The app is designed to increase awareness of, and access to, current information about the unique physical and mental health needs of women Veterans.

Purpose and Background:

Women Veterans may have health care needs that differ from both male Veterans and the general female population. For example, women Veterans may need screening and treatment for specific issues that resulted after their service such as Posttraumatic Stress Disorder (PTSD) and Military Sexual Trauma (MST). Because many women Veterans seek health care outside of the VA network, it is important that both their VA and non-VA care team members have the resources necessary to provide informed and comprehensive care.

The Caring4Women Veterans app was developed in collaboration with the Veterans Health Administration (VHA) office of Women's Health Services and is one of a series of VA apps developed as part of the Mobile Health Provider Program, a collaborative effort between the Connected Health Office, under the VHA Office of Informatics and Analytics (OIA), and the VA Office of Information and Technology (OI&T).





How Can This App Benefit Care Team Members?

- Learn which particular health issues and conditions are common to a specific era of service, including the Gulf, Iraq and Afghanistan wars.
- View screening and treatment guidelines for women Veterans who have experienced Post-traumatic Stress Disorder (PTSD) and Military Sexual Trauma (MST).
- Share helpful, relevant resources with women Veterans who are transitioning to civilian life.
- Access valuable facts and statistics about women Veterans' health and an overview of common issues they face.
- Use the suggested questions as a guide for conversations with patients.

Accessing the App

For both VA and non-VA care team members, download the app directly to your Apple or Android mobile device with links at the [Caring4Women Veterans](#) website.

Additional Resources

Access training materials and FAQs for the Caring4Women Veterans app:

- <https://mobile.va.gov/training/caring-4-women-veterans>

Browse the VHA's office of Women's Health Services site to view additional resources available for care team members with women Veteran patients:

- <http://www.womenshealth.va.gov>

Explore and access additional apps developed by VA for both care team members and patients on the VA App Store:

- <https://mobile.va.gov/appstore>

Learn more about the Mobile Health Provider Program by visiting:

- <https://mobile.va.gov/providers>

Feedback and Technical Support

For questions about the Caring4Women Veterans app, or to report content issues and suggested revisions, please contact the Help Desk at (877) 470-5947 (available weekdays 7 a.m.-7 p.m. CT).