VA Mobile

Additional Resources

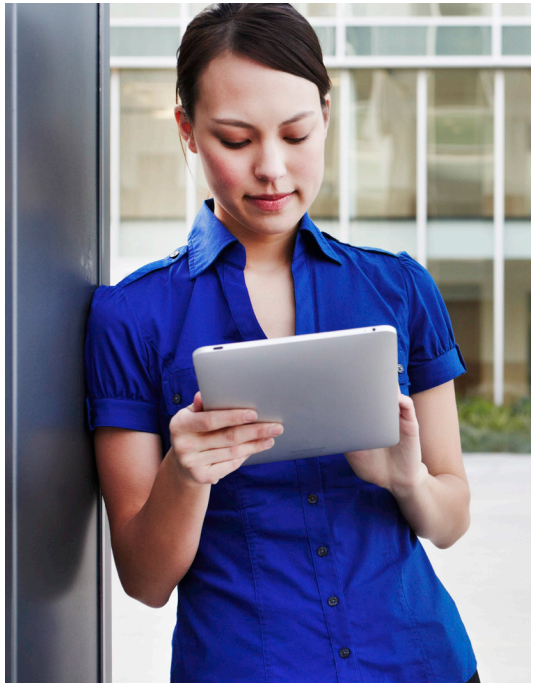
Subscribe to VA Mobile's newsletter for email updates about VA-developed apps as they are released, as well as explore and access additional apps, free for both care team members and patients on the VA App Store: https://mobile.va.gov/appstore.

For more information about VHA's office of Women's Health Services and to view additional resources available for care team members working with women Veterans, visit: http://www.womenshealth.va.gov/.

Learn more about the VA Mobile Health Provider Program, which is designed to equip VA health care teams with mobile technology to enhance the way they deliver health care to Veterans: **https://mobile.va.gov/providers.**

Feedback and Technical Support

For questions about the Women's Health Services mobile applications, or to report content issues or suggested revisions, please contact the VA Mobile help desk at (877) 470-5947 (available weekdays 7 a.m.-7 p.m. CT).

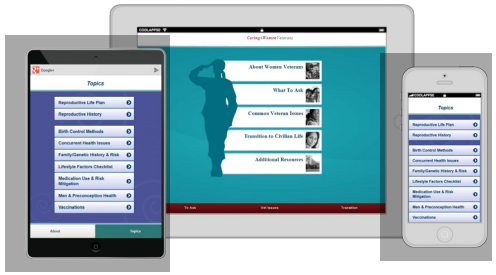


VHA Office of Women's Health Services

www.womenshealth.va.gov
Women's Health Services (10P4W)
Office of Patient Care Services
Department of Veterans Affairs
Veterans Health Administration
810 Vermont Avenue, NW
Washington, DC 20420

VHA Office of Women's Health Services

Introducing New Mobile Apps



Preconception Care
Caring4Women Veterans
Maternity Care Coordinator (MCC) Support
SafewomenRx
VA Moms

VA Mobile | VA

U.S. Department of Veterans Affairs
Veterans Health Administration
Office of Informatics and Analytics

Available now on the VA App Store

Preconception Care*

For VA and non-VA care team members

- Find recommended questions to help guide discussions about planning for or preventing pregnancy.
- Access talking points about health issues and concerns specific to pre-pregnancy and pregnancy decisions.
- Review a healthy lifestyle checklist with patients.

Access training materials, FAQs and the direct download link at:
https://mobile.va.gov/training/preconception-care.

Caring4Women Veterans*

For VA and non-VA care team members

- Learn about health issues common to a specific era of service, including the Gulf, Iraq and Afghanistan wars.
- View screening and treatment guidelines for Posttraumatic Stress Disorder (PTSD) and Military Sexual Trauma (MST).
- Share helpful, relevant resources with women Veterans who are transitioning to civilian life.

Access training materials, FAQs and the direct download link at:
https://mobile.va.gov/training/caring-4-women-veterans.

Coming soon to the VA App Store!

VA Moms

For Pregnant Veterans

- Access pregnancy and childbirth resources.
- Use tools to track pregnancy care and well-being.

MCC Support

For VA Staff

- Add Veterans to a maternity care coordination list.
- Track Veterans' non-VA maternity care based upon the Veterans Health Information Systems and Technology Architecture (VistA) and as entered by the Veteran.

SafeWomen Rx

For VA and non-VA care team members

- Improve awareness of high-risk medication use by women Veterans who are pregnant, breastfeeding or may become pregnant.
- Quickly reference information to make informed decisions about prescribing medications to reproductive age women.

All apps are Available on the VA App Store, https://mobile.va.gov/appstore.

*Also available on the Apple and Android app stores.