GENERAL GUIDELINES ON ELIGIBILITY

- 2 Years of Active Duty Service
- Deployment in Operation Enduring Freedom/Operation Iraqi Freedom/ Operation New Dawn (OEF/OIF/OND)
- Military Sexual Trauma

Each Veteran is unique. Contact your local VA facility or call 1-800-827-1000 for help with your individual eligibility status.

FOR MORE INFORMATION

Women Veterans Call Center
1-855-VA-WOMEN (1-855-829-6636)

VA Health Benefits Call Center
1-877-222-VETS (1-877-222-8387)

Veterans Benefits Administration
1-800-827-1000
www.vba.va.gov

Women's Health Services
www.womenshealth.va.gov

A PROMISE KEPT

VA Women's Health Services promotes the health, welfare, and dignity of women Veterans and their families by ensuring equitable access to timely, sensitive, high-quality health care.

www.womenshealth.va.gov

Women's Health Services (10P4W)
Office of Patient Care Services
Department of Veterans Affairs
Veterans Health Administration
810 Vermont Avenue, NW
Washington, DC 20420

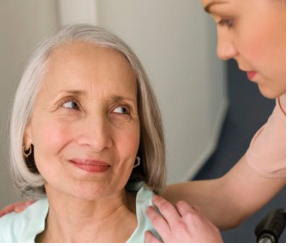
P96359 IB 10-305
August 2013

HEALTHY AGING

WOMEN VETERANS HEALTH CARE

You served, you deserve the best care anywhere.

VA HEALTH CARE Defining EXCELLENCE in the 21st Century



Below are some of the healthy aging services available to eligible women Veterans. Contact the Women Veterans Program Manager at your local VA facility to learn more about the services available to you.

VA provides women Veterans with a full range of services necessary for healthy aging. From disease screening and prevention to home-health care and support with end-of-life decisions, services are available either in-house in some VA facilities or through referrals to appropriate clinicians in the community.

Every VA facility is committed to meeting the unique needs of women Veterans by delivering the highest quality health care to each woman while offering her the privacy, dignity, and sensitivity to the gender-specific needs that she deserves.

VISIT YOUR LOCAL VA TODAY.

★ HEALTHY AGING SERVICES

Preventive care and tools to support healthy aging, such as:

- Nutrition and fitness information
- Safe driving evaluations
- Help with osteoporosis prevention and treatment
- Menopause management support

Screenings, prevention, and treatment for diseases and conditions, such as:

- Heart disease
- High blood pressure and diabetes
- Colon, breast, and gynecological cancer

★ LONG-TERM AND END-OF-LIFE SERVICES

VA provides comprehensive care to eligible women through end-of-life needs. Some examples include:

Long-term

- Home-health services
- Community living centers
- Geriatric care

End-of-life

- Advanced directives
- Living wills
- Burial services

★

Your local VA facility has a full-time Women Veterans Program Manager ready to assist you in getting the help you need.