10 WOMEN VETERANS HEALTH CARE SERVICES THAT MAY SURPRISE YOU!

- **1. Women's Mental Health Services**
- 2. Breast/Chestfeeding Supplies & Lactation Support
- **3. Sexual Health Evaluation & Treatment**
- 4. Post Mastectomy Prosthetics
- **5. Telehealth Appointments**
- 6. Yoga, Tai Chi, & Acupuncture
- 7. Recreation & Art Therapy
- 8. Pelvic Floor Therapy for Pain, Urinary Issues, & Constipation
- 9. Healthy Cooking Classes
- **10. Treatment for Sleep Issues**



1-855-VA-WOMEN www.womenshealth.va.gov





U.S. Department of Veterans Affairs