

Women Veterans Health Care

5 REASONS TO CONSIDER VA

Your VA benefits include personalized, comprehensive health care such as **routine check-ups, cancer screenings, birth control, mammograms, maternity care, and more**. VA also offers mental health care tailored to women Veterans. You are welcome at VA and will be treated with the respect you deserve.

1 YOU MAY BE ELIGIBLE FOR VA BENEFITS

Did you serve honorably on active duty or in the National Guard or Reserve? You may be eligible for VA health care benefits. You do not have to be disabled, have a service-connected injury, or have experienced combat.



SCAN TO LEARN MORE

If you experienced sexual assault or harassment during your time in the service, VA can help. You can receive care for this even if you:

- ✓ Are not enrolled in VA health care
- ✓ Are not eligible for other care at VA
- ✓ Have no documentation or proof of the incident(s)

3 VA HAS SPECIALLY TRAINED STAFF TO CARE FOR YOU

At VA, you will see providers and staff who have an interest and training in working with women Veterans. You have access to:



Women's health providers for your general health and women-specific care. They understand how military service impacts your health.



People designated to help you navigate VA and assist you with appointments. Call your local VA and ask for the Women Veteran Program Manager.



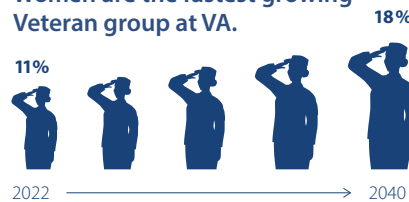
Mental health professionals and counselors who have specific training and expertise in women Veterans mental health.



A team of medical staff who help you coordinate your care to align with your personal health plans and goals.

2 MORE AND MORE WOMEN ARE CHOOSING VA

Women are the fastest growing Veteran group at VA.



Today, women make up about **30% of all new VA patients.**

60% of VA employees are women, and of that **60%**, over a third are Veterans.

4 YOU HAVE CHOICES AT VA

- You can choose the gender of your providers
- Telehealth or in-person appointments
- Mailed or pick-up prescriptions
- An online system for making appointments, messaging your care team, and accessing your records (My HealtheVet)



5 GETTING STARTED IS ONLY ONE CALL AWAY

The Women Veterans Call Center is your guide to VA. Trained women representatives can answer questions and connect you with your local Women Veteran Program Manager for appointments. Hours are weekdays 8:00 am – 10:00 pm ET and Saturday 8:00 am – 6:30 pm ET.



CALL OR TEXT 855-829-6636