

MATERNITY CARE COORDINATORS

To further support pregnant Veterans, every VA offers maternity care coordination. VA Maternity Care Coordinators understand your needs and can support you through every stage of your pregnancy and the postpartum period.

Maternity Care Coordinators can help you:

- Navigate health care services both inside and outside of VA
- Access care for your other physical and mental health concerns
- Connect to community resources
- Cope with pregnancy loss
- Connect to needed care after delivery
- Answer questions about billing

If you are pregnant, or plan to become pregnant, and want to find your VA Maternity Care Coordinator, talk to your VA provider. You can also call or text the Women Veterans Call Center.



Women Veterans Call Center

The Women Veterans Call Center (WVCC) is your guide to VA. All calls are answered by women, many of whom are Veterans themselves, who will help you navigate VA, answer your questions about VA services and benefits available to you, and connect you with the Women Veterans Program Manager at your local VA medical center. This service is free, and you can call as many times as you need.

Call or text us at 855-VA-WOMEN (855-829-6636). WVCC representatives are available Monday - Friday, 8:00 a.m. to 10:00 p.m. ET, and Saturday, 8:00 a.m. to 6:30 p.m. ET. You can also chat with us online and learn more by visiting <https://www.womenshealth.va.gov>



WOMEN VETERANS HEALTH CARE

MATERNITY CARE



Am I Eligible for VA Health Care?

Everyone's situation is unique and so is their eligibility. To find out if you are eligible to enroll, visit <https://www.va.gov/health-care/eligibility>

Apply Online or By Mail

Go to <https://www.va.gov/health-care/how-to-apply>

Apply in Person

Visit the nearest VA medical center or clinic. You can locate your nearest VA health facility at <https://www.va.gov/find-locations>

Apply by Phone

To apply for VA benefits you may have earned—such as preventative care, inpatient and urgent care services—call 1-877-222-8387

Monday–Friday, 8 a.m.–8 p.m. ET.
Veterans Benefits Administration 1-800-827-1000
www.vba.va.gov

MATERNITY CARE AT VA



Whether you want to start or expand your family, VA covers a full range of maternity care to support you. To ensure the best care possible, we provide maternity care through referrals to local community maternity providers. VA maternity benefits include prenatal, delivery, and postpartum care as well as care for your newborn baby from day of birth plus 7 consecutive days after birth.



WHO DO WE SERVE?

The Office of Women's Health uses the term woman inclusively and expansively. We serve people of all gender identities, including people who are cisgender, transgender, gender nonbinary, or otherwise gender-expansive. We believe all people should have access to respectful, high-quality, and safe health care, and we strive to provide that care to all Veterans.

If you are an LGBTQ+ Veteran and have questions about your eligibility for VA maternity care benefits, please call the Women Veterans Call Center or contact the LGBTQ+ Veteran Care Coordinator at your nearest facility for more information. There is an LGBTQ+ Veteran Care Coordinator at every facility to help you get the care you need. Learn more about LGBTQ+ services at VA: <http://www.patientcare.va.gov/lgbt/>

WHAT DOES VA COVER?

VA covers maternity care from the time of the first positive pregnancy test through the postpartum period. Benefits include, but are not limited to:

- ✓ Physical exams and lab tests
- ✓ Prenatal education and screenings
- ✓ Obstetrical ultrasounds
- ✓ Genetic tests and specialty consultations
- ✓ Prescription drugs through VA pharmacy
- ✓ Labor and delivery
- ✓ Newborn care on the date of birth plus 7 days immediately after birth
- ✓ Support for breast/chestfeeding (including adoptive parents and those without a preceding pregnancy, such as transgender Veterans)
- ✓ Support and services in case of miscarriage or stillbirth
- ✓ Social work and mental health services

VA also provides nursing bras, lactation pads, breast/chest pumps, and supplies as well as maternity belts. Request these items through your Maternity Care Coordinator at least 6–8 weeks before your due date. You can obtain other supplies, such as human milk storage bags and nipple cream, through the VA Pharmacy.

WHAT IS NOT COVERED BY VA?

VA maternity benefits do not cover:

- ✗ Home deliveries
- ✗ Services by doulas
- ✗ Deliveries by a lay midwife (a midwife who is not trained as a registered nurse)
- ✗ Experimental procedures and procedures outside the standard of care

