

VA



U.S. Department
of Veterans Affairs



American
Heart
Association®
life is why™

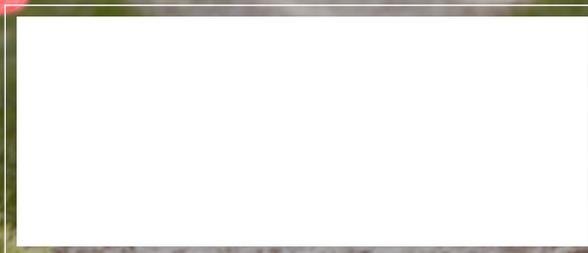


Be good to your heart.

STRESS LESS

MOVE MORE

EAT SMART



VA can help you lower your risk of heart disease. Talk to your provider today.