



Some trouble remembering is normal.

## But these may be signs of dementia:

- Difficulty with complex tasks, like checkbook balancing
- Trouble recalling new information and events
- Unable to cope with unexpected events
- Getting lost in familiar places
- Trouble finding the right words or having a fluid conversation

TALK TO YOUR VA HEALTH CARE PROVIDER EARLY so you can get the best care possible.

## Women Veterans Call Center: 1-855-829-6636

www.womenshealth.va.gov | #WomenVets





U.S. Department of Veterans Affairs