



Some trouble remembering is normal.

But these may be signs of dementia:

- Difficulty with complex tasks, like checkbook balancing
- Trouble recalling new information and events
- Unable to cope with unexpected events
- Getting lost in familiar places
- Trouble finding the right words or having a fluid conversation

TALK TO YOUR VA HEALTH CARE PROVIDER EARLY so you can get the best care possible.

Women Veterans Call Center: 1-855-829-6636

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U.S. Department of Veterans Affairs