

## AM I ELIGIBLE FOR VA HEALTH CARE?

Everyone's situation is unique and so is their eligibility. To find out if you are eligible to enroll in the nation's largest integrated health system and get care that is personalized, proactive, and patient-driven, visit <https://www.va.gov/health-care/eligibility/>.

## APPLY ONLINE OR BY MAIL

Go to [va.gov/health-care/how-to-apply](https://va.gov/health-care/how-to-apply).

## APPLY IN PERSON

Visit the nearest VA medical center or clinic. You can locate your nearest VA health facility at [va.gov/directory](https://va.gov/directory).

## APPLY BY PHONE

To apply for VA benefits you may have earned – such as preventive care, inpatient and urgent care services – call 1-877-222-8387 Monday-Friday, 8 a.m.–8 p.m. ET. Veterans Benefits Administration 1-800-827-1000 [www.vba.va.gov](https://www.vba.va.gov)



## WOMEN VETERANS CALL CENTER (WVCC)

1-855-VA-WOMEN (1-855-829-6636)

Monday-Friday, 8 a.m.–10 p.m. ET

Saturday, 8 a.m.–6:30 p.m. ET

Call or text to get help navigating VA benefits and services.

Visit [www.womenshealth.va.gov](https://www.womenshealth.va.gov) to chat online with a trained WVCC representative.



## CONNECT WITH US

 [www.facebook.com/VeteransHealth](https://www.facebook.com/VeteransHealth)

 [twitter.com/VeteransHealth](https://twitter.com/VeteransHealth)

 [www.blogs.va.gov](https://www.blogs.va.gov)



# MATERNITY CARE SERVICES

## Women's Health

*For women Veterans, VA is here.*

**Women's Health**  
Veterans Health Administration  
Department of Veterans Affairs

810 Vermont Avenue NW  
Washington, DC 20420  
[www.womenshealth.va.gov](https://www.womenshealth.va.gov)

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# MATERNITY CARE AT VA

Whether you want to start or expand your family, VA covers a full range of maternity care services to support you. To ensure the best care possible, VA provides maternity care by referral to local community obstetric (OB) providers. VA maternity care includes prenatal care, delivery, and postpartum care. It also includes care for your newborn baby for seven days after birth.



## MATERNITY CARE COORDINATORS

To further support pregnant Veterans, every VA offers maternity care coordination. VA Maternity Care Coordinators understand your needs and can support you through every stage of your pregnancy.

Maternity Care Coordinators can help you:

- Navigate health care services both inside and outside of VA
- Access care for your other physical and mental health conditions
- Connect to community resources
- Cope with pregnancy loss
- Connect to needed care after delivery
- Answer questions about billing

If you are pregnant and want to find a VA Maternity Care Coordinator near you, talk to your VA provider. You can also call or text the Women Veterans Call Center.



## WHAT DOES VA COVER?

VA covers full maternity care from the time of the first positive pregnancy test through delivery and follow-up appointments with your OB provider. Benefits include:

- Full physical exams and lab tests
- Prenatal education and screenings
- Obstetrical ultrasounds
- Genetic tests and specialty consultations
- Prescription drugs
- First seven days of newborn's care
- Support for breast feeding
- Support and services in case of miscarriage or stillbirth
- Social work and mental health services

## WHAT'S NOT COVERED BY VA?

VA maternity benefits do not cover:

- Home deliveries
- Services by doulas
- Deliveries by a lay midwife (a midwife who is not a medical nurse)
- Experimental procedures and procedures outside the standard of care
- Termination of pregnancy

## WHO DO WE SERVE?

VA is committed to serving all who served, including LGBT Veterans. If you are an LGBT Veteran and have questions about your eligibility for VA's maternity care services, please call the Women Veterans Call Center or [contact the LGBT Veteran Care Coordinator at your nearest facility](#) for more information. There is an LGBT Veteran Care Coordinator at every facility to help you get the care you need.

## WHAT IS THE COST?

VA covers pregnancy-related care and directly pays community providers for maternity care. Whether you have a copay – and how much you pay – depends on:

- Your VA-assigned priority group
- Your income

Visit these websites for copay information:

[www.va.gov/health-care/copay-rates](http://www.va.gov/health-care/copay-rates)

[www.va.gov/COMMUNITYCARE/revenue\\_ops/copays.asp](http://www.va.gov/COMMUNITYCARE/revenue_ops/copays.asp)

## GET STARTED

A planned pregnancy is a healthier pregnancy, so talk to your provider today if you want to become pregnant.

If you have questions about fertility and VA's infertility services, talk to your provider, your facility Women Veterans Program Manager, or call the Women Veterans Call Center.

