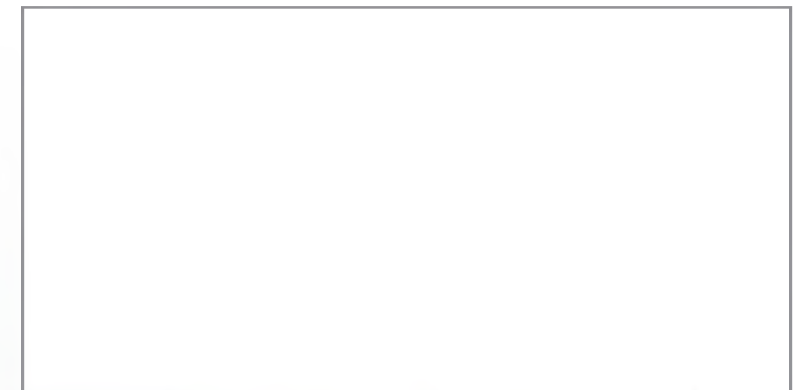


Explore the many ways to manage pain

Yoga and meditation
have helped me.

Talk to your provider about treatment options.



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