The flu shot reduces the risk of flu-associated respiratory infection in pregnant women by about one-half.

The flu shot reduces a pregnant woman’s risk of hospitalization from the flu by forty percent.

Women Veterans at high risk for COVID-19 complications are also at risk for serious flu complications.

It is possible to be infected with both the flu virus and the COVID-19 virus at the SAME TIME. This can significantly increase the chance of a serious illness.

Flu shots not only reduce risk of flu related illness, but can also prevent flu related hospitalizations and death.

The flu shot can give you the flu.

The flu shot cannot give you the flu. The shot is made either with flu viruses that have been killed or with proteins from dead flu viruses, neither of which can cause the flu.

It’s too late to get the flu shot after Thanksgiving.

A flu shot can be helpful after Thanksgiving. Flu season may begin in the fall, but usually peaks from December to March and sometimes lasts into May.

The flu shot increases your risk of getting COVID-19.

There is no evidence that getting a flu vaccination increases your risk of getting sick from a coronavirus, like the one that causes COVID-19.

Women Veteran Call Center
855-829-6626

Or call your Provider or Women’s Health PACT Nurse

WHERE TO GET YOUR FLU SHOT

Veterans may get a flu shot at VA Medical Center, VA clinic or at a location in the community

Some VA facilities are offering a flu shot drive through clinic

Find a community location at www.va.gov/communitycare/flushot.asp